**Patient Name:** PLUMMER, CARLTON

**Date of Birth:** 11/21/1957

**Date of Service:** 04/25/2022

**History of Present Illness:**  
The patient is seen here for Orthopedic post-op follow up evaluation. Patient has not had PT yet. Patient is using a brace.

Right Knee

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Left leg repair with metal screws in 1996

**Past Accident/Injuries:**  
Patient had a previous accident 5 years ago and fully healed.

**Daily Medications:**  
Ibuprofen 600 mg, Flexeril 5 mg

**Allergies:**  
No known drug allergies

**Social History:**  
Noncontributory.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 11 inches tall, weighs 170 pounds.   
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Right Knee:**  
Examination of the knee revealed no tenderness on palpation. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable.

**Diagnostic Imaging:**  
11/25/2020: MRI of the right knee reveals moderate size complex tear of the body of the medial meniscus. The lateral meniscus demonstrates extensive degenerative type signal and suspicion of a small radial tear at the inner free edge of the meniscal body. A 2 cm nondisplaced osteochondral lesion involving the posterior aspect of the lateral femoral condyle and small bone bruise in the central aspect of the lateral femoral condyle. Moderately large joint effusion. Moderate sized popliteal cyst. Mild lipoma arborescens.

**Assessment and Plan:**  
Diagnosis: Status post right knee meniscus tear  
Plan: Recommend physical therapy.

The patient’s Right Knee was examined   
MRI of the Right Knee was reviewed.   
Patient is to return to the office p.r.n.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**